

## PRESS RELEASE

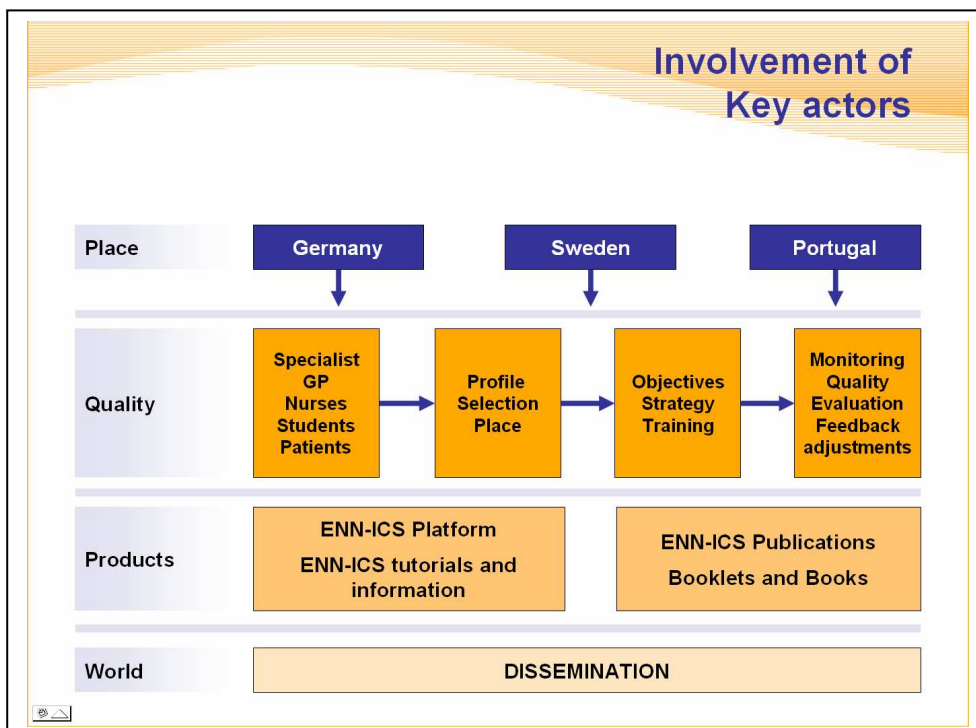
**Sleep complaints are a major burden for aged, disabled, children and working adults. Their negative impact upon mental, psychological and body functions and their repercussions upon the quality of individual daily life justifies the efforts in sleep medicine, education and training.**

ENN-ICS – European Neurologic Network - Interactive Communication System, is an eHealth project integrating advanced eLearning and ePublishing technologies with the goal to offer a new multilingual, regional and multinational service in the field of Sleep and Sleep Disorders.

The overall objectives of ENN-ICS are:

- To create an EU wide training network of doctors, nurses and students dealing with Sleep Disorders.
- To provide practical support to one third of European citizens via direct, on-line and on-demand personalized information and orientation.
- To decrease the high medical and societal costs by improving sleep in the European population, with visible repercussions on healthcare budget and society well being.
- To support less privileged people through patient associations and NGOs, therefore enhancing social cohesion.

The ENN-ICS Centre, based on an internet communication system, includes integrated content management, ePublishing and eLearning facilities, distributed qualification processes in virtual classrooms, interactive websites and a sales distribution centre for DVDs/CDs and printed material.



With these facilities the ENN-ICS centre will be able to provide on-line support, regional recommendations and directives, data collection for economic and epidemiological surveys, decision support, clinical and scientific information, multiple media publishing, eLearning and eTraining for different target groups, quality assurance and network promotion.

To approach citizens and professionals worldwide the ENN-ICS centre is multilingual and adapted to national and regional specificities.

The first dissemination workshop will be held in Madrid, the 2<sup>nd</sup> December at Atos Origin Madrid. Your participation and suggestions are welcome ([blanca.jordan@atosorigin.com](mailto:blanca.jordan@atosorigin.com)).

The ENN-ICS consortium includes partners with specific competences in the technical, business and medical sectors.

The partners involved are:

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To find out more about the features of the ENNICS web site, as available at the moment, we recommend visiting the web site: <http://www.ennics.org>.

Project duration: 24 months; Budget: € 1.993.000; EU contribution: € 1.000.000.